In the Claims

Claims are amended as follows:

 (original) A method of operating a terminal in a wireless communications system, the system having a plurality of uplink and downlink channels available for use, the terminal being arranged to use an uplink channel and a downlink channel selected from the plurality, the method comprising:

determining whether the terminal is transmitting at a power which may cause interference to an adjacent uplink channel:

determining which downlink channel is associated with the adjacent uplink channel;

monitoring that downlink channel and deciding, on the basis of the monitoring, whether there is a need to operate the terminal in a manner which will reduce interference.

- 2. (original) A method according to claim 1 wherein there is a first band of channels and a second band of channels available for use and the terminal can use either an uplink channel and a downlink channel from the first band or an uplink channel from the first band and a downlink channel from the second band.
- 3. (original) A method according to claim 2 wherein, within the first band of channels, each uplink channel is paired with a downlink channel, with the uplink and downlink channels in each pair being separated by a known frequency offset, and wherein the step of determining which downlink channel is associated with adjacent uplink channel comprises determining a downlink channel which is offset from the adjacent uplink channel by the known frequency offset.

- 4. (original) A method according to claim 3 wherein the first band of channels is a core band of channels and the second band of channels is an extension band of channels.
- 5. (original) A method according to claim 1 further comprising operating the terminal in a manner which will reduce interference by selecting an alternative uplink channel for the terminal to use and transferring communication to the selected alternative uplink channel.
- (original) A method according to claim 5 wherein the step of selecting an alternative uplink channel comprises testing whether the alternative channel is acceptable for use.
- 7. (original) A method according to claim 6 wherein the step of testing whether the alternative channel is acceptable for use comprises monitoring a metric which is indicative of usage of a downlink channel which is associated with an uplink channel that is adjacent to the alternative channel.
- (original) A method according to claim 1 further comprising operating the terminal in a manner which will reduce interference by selecting an alternative transmission rate for the terminal.
- (original) A method according to claim 1 further comprising operating the terminal in a manner which will reduce interference by selecting an alternative transmission system for the terminal.
- 10. (original) A method according to claim 1 wherein the step of monitoring that downlink channel comprises monitoring a metric which is indicative of usage of that downlink channel.

- 11. (original) A method according to claim 10 wherein the metric is received power.
- 12. (original) A method according to claim 1 wherein the step of monitoring that downlink channel comprises determining whether the terminal is likely to cause interference to the adjacent uplink channel associated with that downlink channel.
- 13. (original) A method according to claim 1 wherein, if the terminal is not transmitting at a power which may cause interference to an adjacent uplink channel, the other steps of the method are not performed.
- 14. (original) A method according to claim 1 further comprising exchanging signalling information between the terminal and network to operate the terminal in a manner which will reduce interference.
- 15. (original) A method according to claim 1 wherein the wireless communications system is a wideband wireless communications system.
- (original) A method according to claim 15 wherein the wideband communications system is a W-CDMA system.
- 17. (original) A control apparatus for a terminal in a wireless communications system, the system having a plurality of uplink and downlink channels available for use, the terminal being arranged to use an uplink channel and a downlink channel selected from the plurality, the control apparatus comprising:

means for determining whether the terminal is transmitting at a power which may cause interference to an adjacent uplink channel; means for determining which downlink channel is associated with the adjacent uplink channel:

means for monitoring that downlink channel and deciding, on the basis of the monitoring, whether there is a need to operate the terminal in a manner which will reduce interference.

- 18. (original) A control apparatus according to claim 17 wherein there is a first band of channels and a second band of channels available for use and the terminal can use either an uplink channel and a downlink channel from the first band or an uplink channel from the first band and a downlink channel from the second band.
- 19. (original) A control apparatus according to claim 18 wherein, within the first band of channels, each uplink channel is paired with a downlink channel, with the uplink and downlink channels in each pair being separated by a known frequency offset, and wherein the means for determining which downlink channel is associated with adjacent uplink channel comprises determining a downlink channel which is offset from the adjacent uplink channel by the known frequency offset.
- 20. (original) A control apparatus according to claim 19 wherein the first band of channels is a core band of channels and the second band of channels is an extension band of channels.
- 21. (original) A control apparatus according to claim 17 which is arranged to operate the terminal in a manner which will reduce interference by selecting an alternative uplink channel for the terminal to use and transferring communication to the selected alternative uplink channel.
- 22. (original) A control apparatus according to claim 21 which is arranged to test whether the alternative channel is acceptable for use.
- 23. (original) A control apparatus according to claim 22 which is arranged to test whether the alternative channel is acceptable for use by monitoring a metric which is

indicative of usage of a downlink channel which is associated with an uplink channel that is adjacent to the alternative channel.

- 24. (original) A control apparatus according to claim 17 which is arranged to operate the terminal in a manner which will reduce interference by selecting an alternative transmission rate for the terminal.
- 25. (original) A control apparatus according to claim 17 which is arranged to operate the terminal in a manner which will reduce interference by selecting an alternative transmission system for the terminal.
- 26. (original) A control apparatus according to claim 17 which is arranged to monitor that downlink channel by monitoring a metric which is indicative of usage of that channel.
- 27. (original) A control apparatus according to claim 26 wherein the metric is received power.
- 28. (original) A control apparatus according to claim 17 which is arranged to exchange signalling information between the terminal and network to operate the terminal in a manner which will reduce interference.
- 29. (original) A terminal for use in a wireless communications system including a control apparatus according to claim 17.
- 30. (original) A wireless communications system incorporating a terminal according to claim 29.
- 31. (original) A wireless communications system according to claim 30 in the form of a wideband wireless communications system.

- 32. (original) A wireless communications system according to claim 31 in the form of a W-CDMA system.
- 33. (original) A method of handling a connection between a terminal and a base station in a wireless communications system having a plurality of uplink and downlink channels available for use, the method comprising:

assigning an uplink channel and a downlink channel to the connection; determining, during the call, whether the terminal is transmitting at a power which may cause interference to an adjacent uplink channel;

determining which downlink channel is associated with the adjacent uplink channel; monitoring that downlink channel and deciding, on the basis of the monitoring, whether there is a need to operate the terminal in a manner which will reduce interference.

34. (currently amended) A computer readable medium carrying software Seftware for operating a terminal in a wireless communications system, the system having a plurality of uplink and downlink channels available for use, the terminal being arranged to use an uplink channel and a downlink channel selected from the plurality, the software being arranged to cause a control apparatus of the terminal to perform the steps of:

determining whether the terminal is transmitting at a power which may cause interference to an adjacent uplink channel;

determining which downlink channel is associated with the adjacent uplink channel; monitoring that downlink channel and deciding, on the basis of the monitoring, whether there is a need to operate the terminal in a manner which will reduce interference.